



# Montana Healthcare Programs Provider Notice

## January 21, 2025

**Reminder**

### Physician and Psychiatrist Providers

## Transcranial Magnetic Stimulation Services, Provider Requirements, and Medical Necessity Criteria

Per [Policy 475](#) of the BHDD Medicaid Services Provider Manual for Substance Use Disorder and Adult Mental Health, the following are defined:

Transcranial Magnetic Stimulation (TMS) is a noninvasive procedure for treatment-resistant depression that uses magnetic fields to stimulate nerve cells in the brain to improve symptoms of depression. The use of this treatment will be an alternative when medication trials are not working and/or the side effects of medication is intolerable for the member.

### Provider Requirements

- TMS may be provided by a Montana licensed physician or psychiatrist with the required training and equipment to provide TMS. Mid-level practitioners, which include advanced practice registered nurses and physician assistants, **are not** eligible to provide TMS and cannot receive payment for services, even if a prior authorization is obtained.
- Providers must track and submit the outcome measures located in [Policy 475QM](#) to Montana Medicaid on a semi-annual basis.

### Medical Necessity Criteria

For a full description, refer to [Policy 475](#) of the BHDD Medicaid Services Provider Manual for Substance Use Disorder and Adult Mental Health.

- The referral for TMS treatment and repeat treatment must be written by a physician or psychiatrist licensed to practice medicine who has examined the patient and reviewed the record and has experience administering TMS therapy. The treatment must be given under the supervision of this physician or psychiatrist.
- TMS must be delivered by a device that is FDA approved for the treatment of Major Depressive Disorder in a safe and effective manner. TMS should follow the protocol and parameters specified in the manufacturer's user manual, with modifications only as supported by the published scientific evidence base.

### Contact and Website Information

If you have questions, please contact:

- Chelsey Hallsten, Medicaid Waiver and State Plan Program Specialist, Behavioral Health and Developmental Disabilities – Adult Mental Health, (406) 444-9330, email [Chelsey.Hallsten@mt.gov](mailto:Chelsey.Hallsten@mt.gov)
- Ashley Bair, Program Supervisor, Behavioral Health and Developmental Disabilities – Adult Mental Health, (406) 202-9451, email [Ashley.Bair@mt.gov](mailto:Ashley.Bair@mt.gov)

For claims questions or additional information, contact Montana Provider Relations at (800) 624-3958 or (406) 442-1837 or email [Montana Provider Relations Helpdesk](#).

Visit the [Montana Healthcare Programs Provider Information website](#) to access your provider type page. Choose Resources by Provider Type in the left-hand menu.

Visit the [Contact Us page](#) on the Provider Information website for additional DPHHS contact numbers.