

MENTAL HEALTH SERVICES IN MONTANA

Addictive and Mental Disorders (AMDD)

What is Medicaid?

- “A federal system of health insurance for those requiring financial assistance” (Medicaid.gov)
- Funded jointly by states and federal government
- **Anyone can apply!**

Eligibility = % of Federal Poverty Level (FPL) for key groups in Montana :

Children (age 0-18): 143%

Pregnant Woman : 157%

Adults (Expansion): 138%

Example: a household income of 1 adult would need to have a modified adjusted gross income (MAGI) of \$14,151.17 or less to be eligible for Medicaid Expansion

*Note: 2019 FPL is \$12,490 for individuals

Addictive and Mental Disorders Division

MISSION: To implement and improve appropriate statewide systems of prevention, treatment, care and rehabilitation for addictive and mental disorders.

There are two bureaus within AMDD:

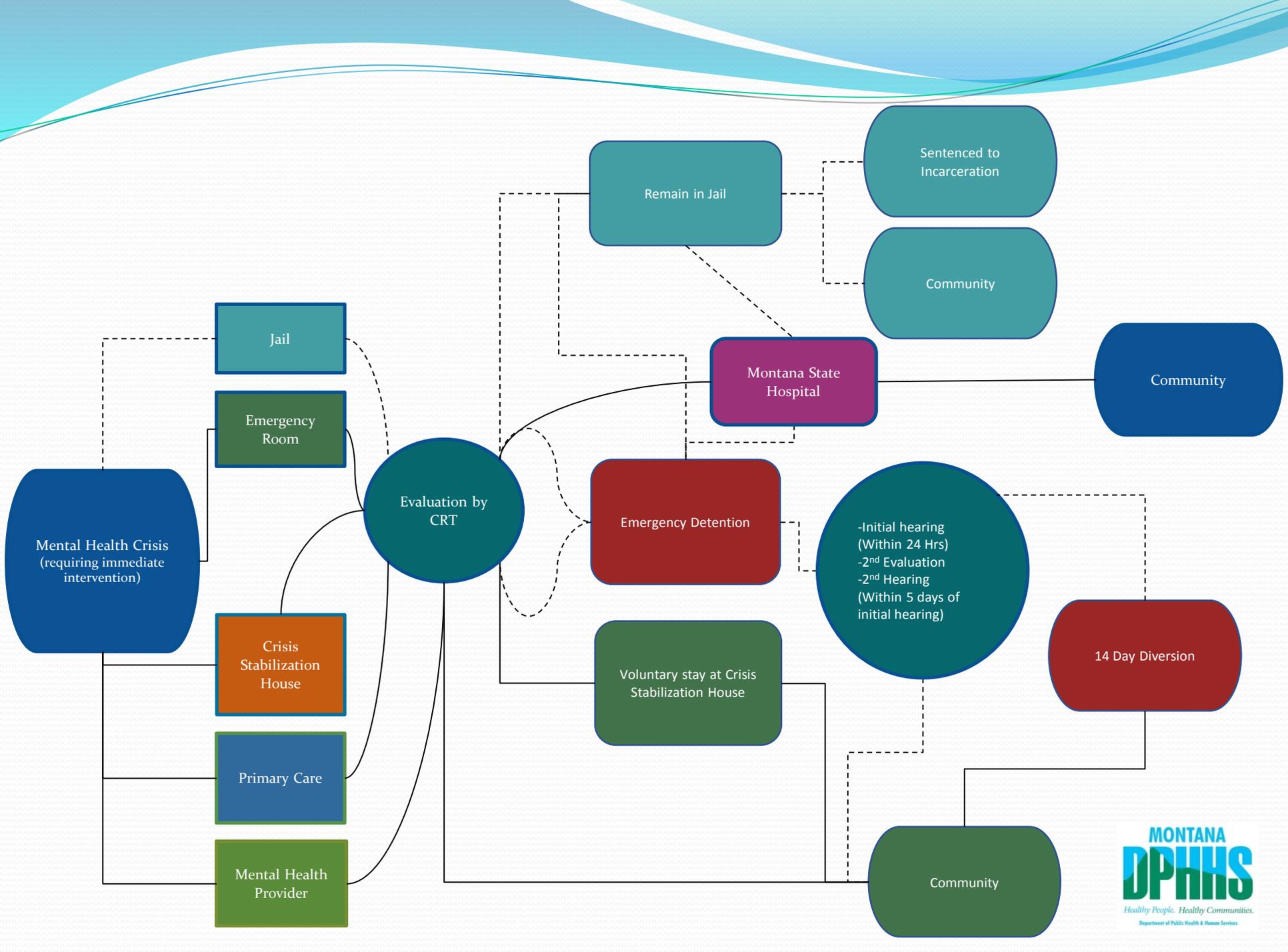
- Treatment
- Prevention

AMDD oversees three facilities in Montana:

- Montana State Hospital
- Montana Mental Health Nursing Care Center
- Montana Chemical Dependency Center

What would you
consider a mental
health crisis?

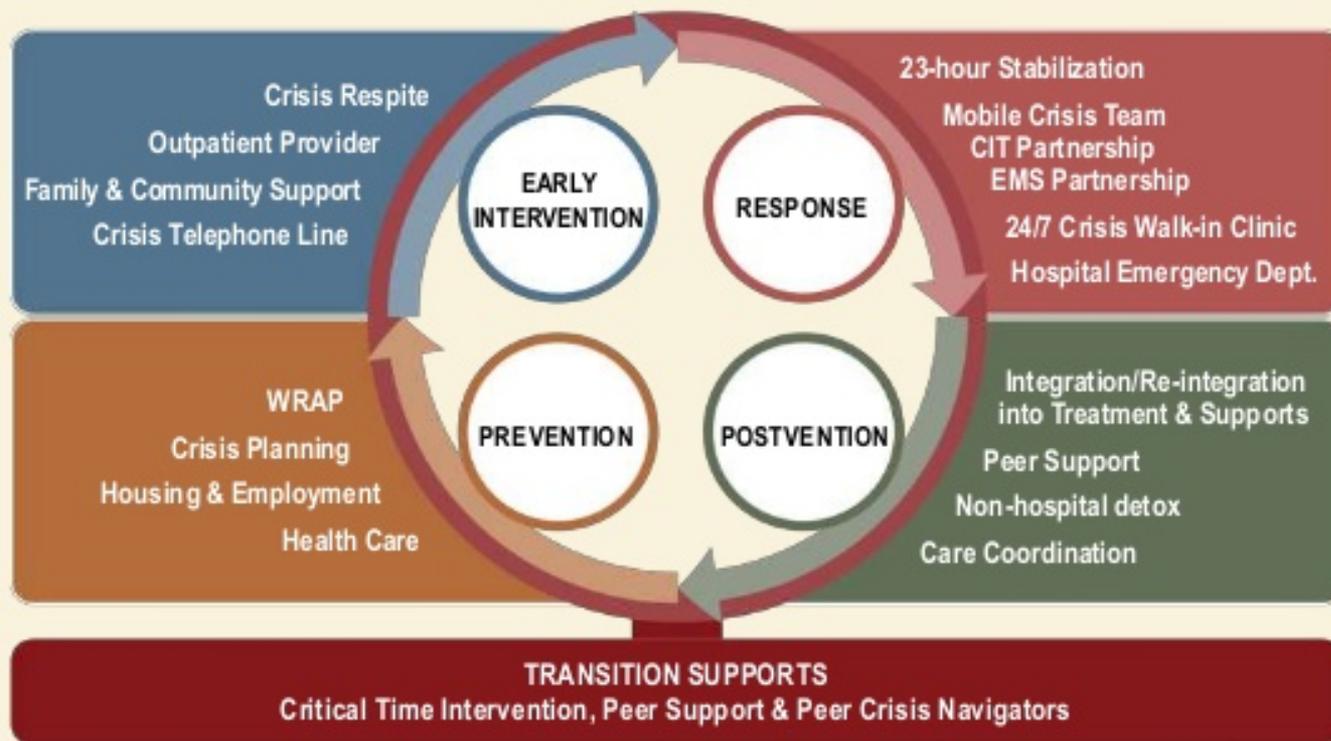
Who responds to
individuals
experiencing mental
health crises*?



What services are
available to
individuals
experiencing mental
health crises?

Building a Crisis Services Continuum

TO MATCH A CONTINUUM OF CRISIS INTERVENTION NEEDS



Crisis Lines

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
 - Will soon be changed to 988
- Text “MT” to 741 741
- Youth Crisis: 406-761-2100
- Mental Health Centers are required to have their own crisis line
 - Journey Home: 406-603-4010
 - Center for Mental Health: 888-718-2100
- Resource Numbers:
 - Voices of Hope: 406-453-4357 or 211
 - Warm Line: 877-688-3377
- 911 (Can request a CIT trained officer)

Where do I find more information on crisis services available?

Addictive and Mental Disorders website:
dphhs.mt.gov/amdd

- Crisis Systems Information and Resources
 - Crisis News; and
 - Crisis Services; and
 - Crisis Continuum & Community Coordination; and
 - Training Opportunities & Additional Resources

What other mental health services do you know about in our community?

Does anyone know
what mental health
services are covered
by Medicaid?

Mental Health & Medicaid

Mental Health Services approved for payment by Montana Medicaid (AKA Montana Healthcare Programs)

- Acute Inpatient Hospital Services
- Acute Partial Hospital Services*
- Intensive Community-Based Rehabilitation (ICBR)*
- Program of Assertive Community Treatment (PACT)*
- Crisis Stabilization Program
- Adult Group Home (AGH)*
- Adult Foster Care (AFC)*
- Dialectical Behavioral Therapy*
- Mental Health Outpatient Therapy
- Community Based Psychiatric Rehabilitation Support Services (CBPRS)*
- Certified Behavioral Health Peer Support Services – Mental Health*
- Illness Management and Recovery Services*
- MH Targeted Case Management*

Substance Use Disorder (SUD) & Medicaid

SUD Services approved for payment by Montana Medicaid (AKA Montana Healthcare Programs)

- SUD Medically Monitored Intensive Inpatient
- SUD Clinically Managed High-Intensity Residential
- SUD Clinically Managed Low-Intensity Residential
- SUD Partial Hospitalization
- SUD Intensive Outpatient (IOP) Therapy
- SUD Outpatient (OP) Therapy
- Certified Behavioral Health Peer Support Services (SUD)
- SUD Drug Testing
- SUD Targeted Case Management
- Medication Assisted Treatment (MAT)

Where do I find more information on Mental Health & SUD services?

Addictive and Mental Disorders website:
dphhs.mt.gov/amdd

- [Adult Mental Health Services](#) ; and
- [Substance Use Disorder Services](#); and
- [AMDD Medicaid Services Provider Manual for SUD and Adult Mental Health, Effective July 1, 2020](#)

What does it mean to receive Home and Community Based Services?

- Services are provided to keep the member out of a higher level of care such as the Montana State Hospital, nursing homes, emergency room visits and hospitalization.
- **Who is Eligible:** To be eligible for the HCBS SDMI Waiver members must:
 - be 18 years or older and enrolled in Medicaid;
 - meet a nursing home level of care;
 - meet level of impairment; and
 - have a qualifying SDMI diagnosis.

Where do I find more information on the HCBS SDMI services?

Addictive and Mental Disorders website:
dphhs.mt.gov/amdd

- Adult Mental Health Services
- Severe Disabling Mental Illness (SDMI) Home and Community Based (HCBS) Waiver

Services Available Home and Community Based

Adult Day Health	Community Transition	Meals
Case Management	Consultative Clinical and Therapeutic Services	Non-Medical Transportation
Residential Habilitation	Environmental Accessibility Adaptations	Pain and Symptom Management
Respite	Health and Wellness	Personal Assistance Service
Supported Employment	Homemaker Chore	Private Duty Nursing
Behavioral Intervention Assistant	Life Coach	Specialized Medical Equipment