



# MONTANA HEALTHCARE PROGRAMS NOTICE

May 1, 2019

All Mental Health Providers

**Effective Immediately**

## Outpatient Psychotherapy Limits

Mental health provider's billing for Youth Outpatient Psychotherapy will now see a notice once the ten-session outpatient psychotherapy limit has been reached. The notice will state:

*"M16-Alert: Please see our web site, mailings, or bulletins for more details concerning this policy/procedure/decision."*

Once the ten-session maximum has been reached, it is the provider's responsibility to document the youth meets SED criteria for continued sessions. The claims system will no longer deny claims for this limit. The outpatient psychotherapy requirements and SED definition for all youth is located within the [Children's Mental Health Bureau Medicaid Services Manual at the following link: https://dphhs.mt.gov/dsd/CMB/Manuals.](#)

**To verify a youth's number of sessions in a state fiscal year please call Montana Provider Relations at the contact information at the bottom this notice.**

## Contact Information

[Renae Huffman, Children's Mental Health Bureau Medicaid Program Officer, email rhuffman@mt.gov or telephone \(406\) 444-4064.](#)

[For claims questions or additional information, contact Montana Provider Relations at \(800\) 624-3958 or \(406\) 442-1837 or email MTPRHelpdesk@conduent.com.](#)

[Visit the Montana Healthcare Programs Provider Information website at https://medicaidprovider.mt.gov.](#)