Money Follows the Person Demonstration Project

IHS Tribal Monthly Medicaid Training
January 17, 2023

What is Money Follows the Person?

- Demonstration project funded by Centers for Medicare and Medicaid.
- Single largest investment in Medicaid Long Term Care.
- 41 states and territories participate.
- Grant through the Federal Deficit Reduction Act of 2005.

Medicaid's "Institutional Bias"

- Institutional placement is an entitlement.
- Home and community based "waiver" services are <u>not</u> an entitlement. States may create waiting lists when they reach the maximum amount that has been approved for the waiver program.
- Money Follows the Person is designed to reverse the institutional bias.

What is
Montana's
Vision for this
demonstration
project?

 Create a sustainable system that supports community options as a first choice for individuals needing long term care services.

When did it start in Montana?

- Montana's participation in the Money Follows the Person Demonstration Project began in 2014.
- Was slated to be discontinued in 2018 and has been reauthorized by congress since that time.

Goals

- Increase the use of self directed home and community based services.
- Increase the utilization of home and community based services as an alternative to institutional care.
- Enable people with disabilities to participate fully in their communities.
- Increase the availability of accessible, affordable housing.
- Demonstrate the effectiveness of transition/demonstration services.

Reside in an institutional setting (nursing home, inpatient rehabilitation center or hospital) for sixty or more consecutive days.

Who is eligible to participate?

Medicaid coverage of at least one day.

Meet criteria for and be admitted to, a waiver partner program.

Target Populations

- Older Adults.
- Adults and children with a physical disability.
- Adults and children with a developmental disability.
- Adults over eighteen years of age with a serious mental illness.

What is required of the participant?



Admission and ongoing participation in one of the Montana Waiver programs.



Institutional level of care (and continue to do so).



Meet regularly with assigned case manager throughout the 365-day demonstration period.



Qualified Housing in the community.

Demonstration Services

- Transition coordinator.
 - Identification and where possible, mitigation of risk.
 - Coordination of services.
 - Assistance with housing needs.
- Household goods (limited basic furnishings, kitchenware, etc.)
- Environmental modifications prior to discharge.
- Vehicle modifications prior to discharge.
- Peer Support.
- Information technology.
- Overnight supports.
- Utility, security deposits.
- Trial visits.
- Extension of participation if re-institutionalized for brief periods.

Referral Process

- Referrals can be made online at https://dphhs.mt.gov/sltc/mfp OR call Money Follows the Person at 406-270-4211.
- Once received, MFP staff conduct a preliminary review to determine whether the applicants meets initial criteria for participation.
- Level of Care
- Contact with Medicaid Waiver Team.
- Medicaid Waiver Case Manager meets with the applicant.
- Medicaid Waiver Case Manager works to ensure that the applicant meets criteria for their waiver program.
- Transition planning begins.

Planning for transition







INITIAL MEETINGS – DETERMINE PREFERENCES, NEEDS, ETC.



PERSON CENTERED PLANNING.

Characteristics of a great transition

Advanced planning.

Safe, accessible, affordable housing.

Identification of appropriate services.

Available caregivers.

Ongoing supports.

Out of the box thinking.

Meet the applicant where they are.

Barriers to successful transition

Housing.

Transportation.

Caregiver availability.

Post program

- After 365 days
 - Continued provision of waiver services (must continue to meet level of care).
- Increased quality of life.
- Decreased use of services.

Next steps

- Increase education to facility staff.
- Educate community members.
- Consider Tribal MFP when next offered.
- Develop supplemental services.

Questions?

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