



# MONTANA HEALTHCARE PROGRAMS NOTICE

**April 26, 2022**

**All Providers**

**Revised**

**Retroactive to December 15, 2021**

## **Health Behavior Assessment and Intervention Billing Codes**

The health behavior assessment and intervention billing codes require a primary health diagnosis; therefore, these codes are only billable by the following licensed practitioners: **psychologists**, physicians, mid-level practitioners, and psychiatrists.

As described in the American Medical Association (AMA) 2021 Current Procedure Terminology (CPT), Professional Edition, this provider notice pertains to the following codes:

- CPT 96156 – Health behavior assessment or reassessment
- CPT 96158 – Health behavior intervention, individual, initial 30 minutes
- CPT 96159 – Each additional 15 minutes
- CPT 96160 – Administration of patient-focused health risk assessment
- CPT 96161 – Administration of caregiver-focused health risk assessment
- CPT 96164 – Health behavior intervention, group, initial 30 minutes
- CPT 96165 – Each additional 15 minutes
- CPT 96167 – Health behavior intervention, family with patient present, initial 30 minutes
- CPT 96168 – Each additional 15 minutes

Health behavior assessment and intervention services are used to identify and address the psychological, behavioral, emotional, cognitive, and interpersonal factors important to the assessment, treatment, or management of physical health problems. This means the member's primary diagnosis must be physical in nature and the focus is on the factors complicating medical conditions and treatments. These codes describe assessments and interventions to improve the member's health and well-being utilizing psychological and/or psychosocial / interventions designed to ameliorate specific physical disease-related problems.

## **Contact Information**

For questions regarding this policy, please contact the Behavioral Health Program Officer at (406) 444-4926.

For claims questions or additional information, contact Montana Provider Relations at (800) 624-3958 or (406) 442-1837 or email [Montana Provider Relations Helpdesk](#).

[Visit the Montana Healthcare Programs Provider Information website at https://medicaidprovider.mt.gov](https://medicaidprovider.mt.gov).